

# FATIGUE IN THE MARITIME INDUSTRY (ONLINE) ONLINE



This course is designed to provide insights into the factors that cause fatigue and how this affects a person's work and lifestyle. The course will take you through what fatigue is, fatigue and the regulations, fatigue prevention and mitigation, and the consequences of fatigue.

**DURATION:** Online, approximately 30 minutes

**COURSE DATES:**  
Course Fee | Online | \$45

Delivery Method: 100% online training and assessment

Designed for: This course has been designed for any crew working in the maritime industry.

Content Types: Written material, images, video, animations, 3D scenarios

Learning Outcomes: Upon successful completion of this training, participants will:

1. Understand the meaning of fatigue.
2. Learn to recognise the causes and signs of fatigue.
3. Understand ways to minimise fatigue through work and lifestyle factors.
4. Understand the role of mental health in fatigue, and how to assist someone displaying mental health concerns.

Assessment: An assessment will be provided at the end of the course (fully online), you will have unlimited attempts to achieve the 100% pass mark.

Certification: Australian Maritime College Completion Statement.

Language: English

Duration: Approximately 30 minutes

Compatibility: Google Chrome, Firefox, Internet Explorer, Edge, Safari, Android Phone, iPhone, iPad

Product Code: 04-009 | Version 1, 21 November 2025

Enrolment: Click the 'Apply' button to register for the course. Access to the online course will be provided on the next business day.

## REGISTRATION TERMS

### Face to face courses

Cancellations up to 15 working days prior to the scheduled date will be accepted without penalty. Cancellations less than 15 working days will be subject to 100% cancellation fee.

AMC Search reserves the right to cancel the course 15 working days prior to the scheduled date if insufficient registrations are received. Any fees paid for cancelled courses will be refunded in full.

When making flight bookings please ensure you book on a fully refundable basis.

## PAYMENT TERMS

### Online course registrations

Payment of course fees, or authorisation to invoice from your company, is required before access to the online learning environment is provided. Please note, it will take between 2-4 business days to provide your access to the online course if you have not studied previously with AMC Search, the Australian Maritime College or the University of Tasmania.

### Self-funded registrations

Once payment is requested, it must be received by the stated deadline. If payment is not received and no contact has been made by that deadline, AMC Search reserves the right to remove you from the course.

### Company sponsored registrations

All company-sponsored registrations must be supported by a valid Purchase Order (PO) within 7 days of registration. Please send the PO to [AMCS.courses@utas.edu.au](mailto:AMCS.courses@utas.edu.au) and include the student's name in the subject line. If these requirements are not met, AMC Search reserves the right to remove the student from the course.

## PAYMENT OPTIONS

### Payment methods accepted:

- Register now and pay later (payment required 15 days before the course starts)
- Credit Card (online or via (03) 6324-9850)
- Bank Deposit
- Company sponsorship.

Detailed payment options are available [here](#).

## ONLINE DELIVERY